Types of Milkweed Native to Florida

Ones in Gray are available on the Monarch Watch Milkweed Market

Native milkweed is the one food source for monarch caterpillars. By planting native plants, you are helping Florida’s ecosystem thrive and ensuring the health of monarch butterflies. Here is a list of the different types of native milkweed found in the state of Florida.

**Clasping Milkweed**
*Asclepias amplexicaulis*

[More Information](#)

**Walter Carolina Milkweed**
*Asclepias cinerea*

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**Walter Fewflower Milkweed**
*Asclepias lanceolata*

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Swamp Milkweed  
*Asclepias incarnata*

More Information

Longleaf Milkweed  
*Asclepias longifolia*

More Information

Michaux's Milkweed  
*Asclepias michauxii*

More Information

Elliott Pineland Milkweed  
*Asclepias obovata*

More Information
Walter Aquatic Milkweed
*Asclepias perennis*

More Information

Red Milkweed
*Asclepias rubra*

More Information

Butterfly Milkweed
*Asclepias tuberosa*

More Information

Redring Milkweed
*Asclepias variegata*

More Information
Whorled Milkweed
*Asclepias verticillata*

Green Comet Milkweed
*Asclepias viridiflora*

Walter Green Antelopehorn
*Asclepias michauxii*

Southern Milkweed
*Asclepias viridula*